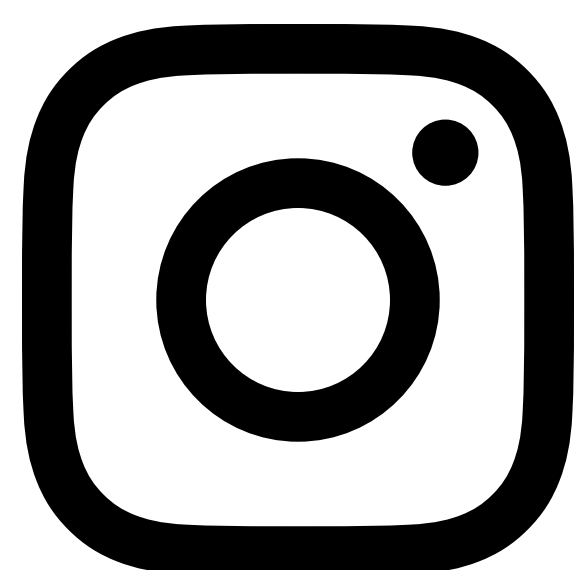


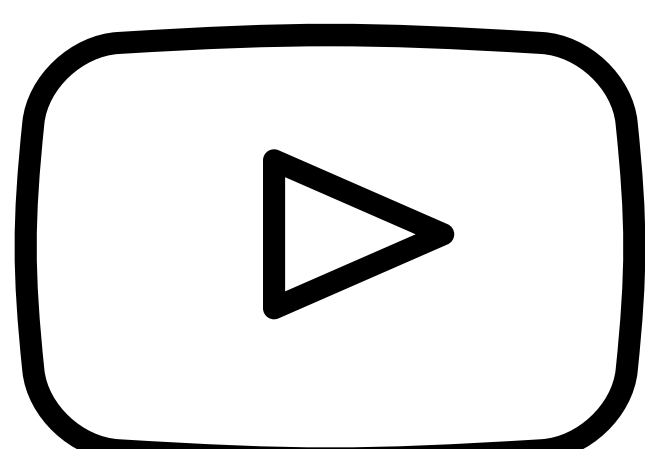
If you or someone you know is struggling with an eating disorder, these resources are here to help.

SOCIAL MEDIA



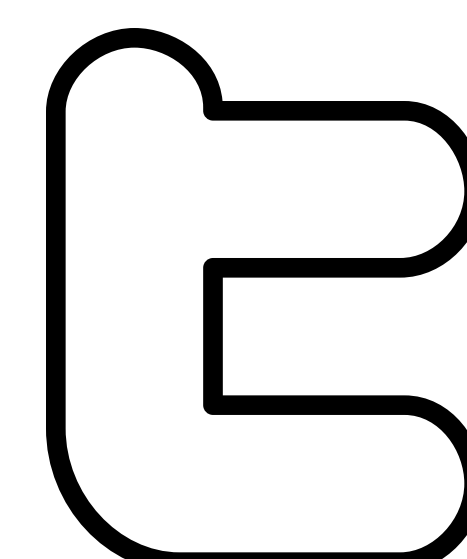
@iskra

Iskra Arabella Lawrence is a English model who models for Aerie. She has a body positivity campaign and uses social media to promote body positivity.



@bodyposipanda

Megan Jayne Crabbe is a feminist and body positive promoter.



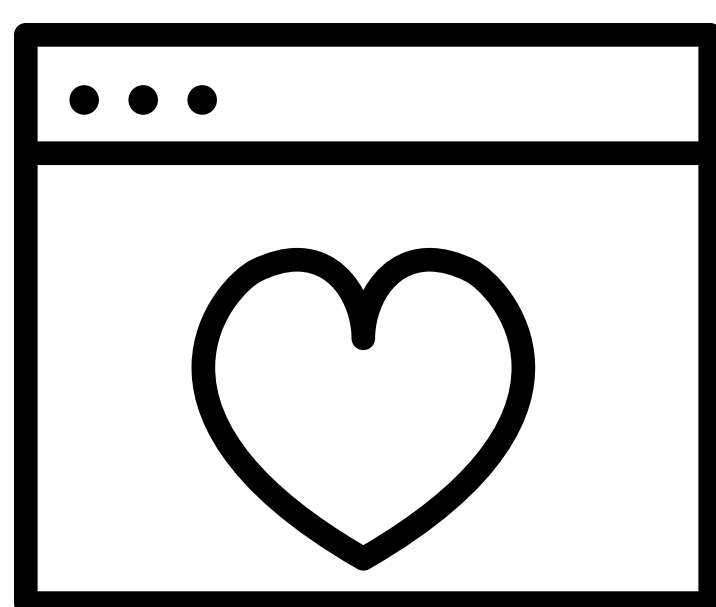
@nourishandeat

Gina Susanna is a social media personnel who promotes body positivity, feminism and mental health.

WEBSITES

www.nationaleatingdisorders.org/

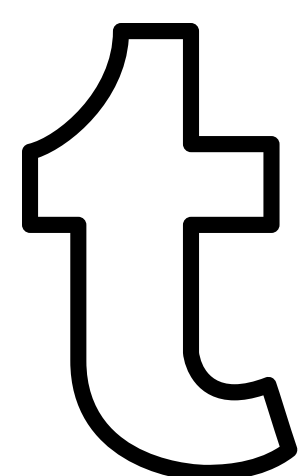
NEDA supports individuals and families affected by eating disorders, and serves as a catalyst for prevention, cures and access to quality care.



www.allianceforeatingdisorders.com

The Alliance is a nonprofit organization dedicated to providing programs aimed at outreach, education, and early intervention for all eating disorders.

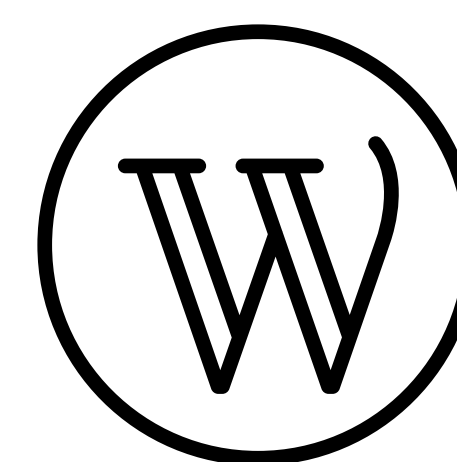
BODY POSITIVITY BLOGS



<http://recoveryisbeautiful.tumblr.com/>

<http://halt-the-body-hate.tumblr.com/>

<http://chubby-bunnies.tumblr.com/>



<https://prettyinme.org/>

<https://sincerelyneruaelle.com/>

<https://livingafulllifeaftered.com/>